

Please, mum!

It is important in every day life for our kids to learn the difference between what we **NEED** and what we **WANT**.

At home, gather a collection of household items like a glass of water, a warm hat, some sweets or snacks, a game etc, and ask your children to sort them into two piles—**WANTS** and **NEEDS**. Talk together about the things we “need” to live day to day and the things that you as a parent need to prioritise in terms of spending.



How do we help our children to think about and control their demands? It's not easy! Here's an idea:

Over one month, every time your child says they **NEED** or **WANT** something, write it down along with its price. At the end of the month, look together at their list and the total you would have spent if

Finally, ask them to **choose the one thing** they really, really want. You might decide to buy it for them straight away if you can afford to, or perhaps introduce the idea of saving by putting a little aside each week towards it.

Encourage them to work out how long it will take them to save for it.

