

Jigsaw

Sex and Relations Education (SRE) Training

For parents and carers



Why?

- Change of policy
- No longer using Christopher Winter resources
- Familiarity with new resources and approach
- Stepped approach from Year 1 – Year 6
- Gradual build up of information and knowledge
- Age appropriate
- Not explicit

Why SRE?

- Protect young children from exploitation
- Correct information shared in a safe, secure and sensitive way
- Start of puberty much younger
- Ensure children are not misinformed
- High rates of teenage pregnancy in UK, Tower Hamlets 9th
- Safety on the internet

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Why SRE?

“It is lifelong learning about physical, moral and emotional development.

It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care.

It is not about the promotion of sexual activity – this would be inappropriate teaching.”

Department for Children, School and Families, SRE Guidance, 2000

What does OFSTED say about SRE?

“The purpose of SRE is to assist young people to prepare for adult life by supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships.”

OFSTED 2006



Your concerns about SRE?

If you start SRE too young, it just destroys children's innocence and puts ideas into their heads

There will be a gradual build up of information and knowledge which is age appropriate and not explicit – it will protect children from making the wrong decision

Your concerns
about SRE?

It will encourage sexual relationships

The Jigsaw programme is based on the emotions of growing up, puberty and respecting your body - It is not about the promotion of sexual activity

Your concerns
about SRE?

It is not in my culture

It is in all our cultures as it is about a child's physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy and positive relationships

What SRE can achieve for children

To enable young people to understand and respect their bodies, and be able to cope with the changes puberty brings (without fear)

To help young people develop positive and healthy relationships appropriate to their age, development, etc. (respect for self and others)

To support young people to have positive self-image and body image, and to understand the influences and pressures around them

To make informed choices when considering a relationship, to keep themselves safe

Jigsaw
PSHE & SRE
What is
taught?

Relationships

Families

Friendships

Love and Loss

Memories

Grief cycle

Safeguarding and keeping
safe

Attraction

Assertiveness

Conflict

Own strengths and self-
esteem

Cyber safety and social
networking

Roles and responsibilities in
families

Stereotypes

Communities

Jigsaw
PSHE & SRE
What is
taught?

Changing Me

Life cycles

How babies are made / How they grow

My changing body / Puberty

Growing from young to old /
Becoming a teenager

Assertiveness

Self-respect

Safeguarding

Family stereotypes

Self and body image

Attraction

Change / Accepting change

Looking ahead / Moving /
Transition to secondary

Science and PSHE – what's the difference?

Key Stage 1

Science

- Identify, name, draw and label the basic parts of the human body and say which part is associated with each sense
- Notice that animals, including humans, have offspring which grow into adults

PSHE

- Names for main parts of the body (including external genitalia) - similarities and difference between boys and girls
- How to maintain physical, mental and emotional health and well-being
- How to manage risks to physical and emotional health and well-being
- Ways of keeping physically and emotionally safe
- Managing change, such as puberty, transition and loss
- How to make informed choices about health and well-being and to recognise sources of help

Science and PSHE – what's the difference?

Key Stage 2

Science

- Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- Describe the life process of reproduction in some plants and animals
- Describe the changes as humans develop to old age
- Learn about the changes experienced in puberty

PSHE

- How their body will change as they approach and move through puberty
- Human reproduction
- How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
- How to recognise and manage emotions within a range of relationships
- How to recognise risky or negative relationships including all forms of bullying and abuse
- How to respond to risky or negative relationships and ask for help
- How to respect equality and diversity in relationships

SRE content by year group

- Year 1** Boys' and girls' bodies; body parts
- Year 2** Boys' and girls' bodies; body parts and respecting privacy
- Year 3** How babies grow and how boys' and girls' bodies change as they grow older
- Year 4** Internal and external reproductive body parts, body changes in girls and menstruation
- Year 5** Puberty for boys and girls, and conception
- Year 6** Puberty for boys and girls and understanding conception to birth of a baby



Questions?



Thank you!